# WHAT'S FOR LUNCH THIS SPRING/SUMMER?

#### Caterlink is an award-winning food service provider catering for primary schools across the country.

We are passionate about providing your children with freshly prepared school lunches that are true to our fresh food heritage. All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards set by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

### KEEP IN TOUCH

You can keep up to date with what's going on by visiting our web site <u>https://caterlinkltd.co.uk/my-caterlink</u> to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch

through our Contact Us page. We appreciate all feedback on our service.

## UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

#### FREE SCHOOL MEALS

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office.

### RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site. https://caterlinkltd.co.uk/jobs-careers/ or email hrsupport@caterlinkltd.co.uk

#### ALLERCY INFOMATION

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.





Chase Bridge Spring/Summer Menu		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Option one	<b>Quirky Bird</b> BBQ or Lemon &	Beef Lasagne with 🛛 🌍 Garlic Bread	Roast Gammon, Roast Potatoes & Gravy	Cheese & Tomato Pizza with Wedges	Fishfingers with Chips & Tomato Sauce
17 April 8 May 5 June	Option two	Herb Chicken Or Vegan Quorn with Jollof Rice & Salads	Wholemeal Vegetable Pasta Bake with Garlic Bread	<b>NEW</b> Sweet Potato & Spinach Flan with Roast	Roasted Vegetable Pizza with Wedges	Mexican Bean Roll with Chips & Tomato Sauce 🔷
26 June 17 July 28 August	Option three	Jacket Bar	Tuna Mayo Bap	Potatoes Cheese & Tomato Baguette	Jacket Bar	Jacket Bar
18 September 9 October	Dessert	<b>NEW</b> Syrup Snap Biscuit Yoghurt & Fresh fruit	Fruit Jelly with Mandarins 👈	Freshly Chopped 💊 Fruit Salad	Iced Vanilla Sponge	Oaty Cookie 🍈 🔦
WEEK TWO	Option one	Mac and Cheese Concept	BBQ Chicken with Rice 🍈	Roast Chicken, Roast Potatoes & Gravy	Beef Burger & Wedges	Fishfingers with Chips & Tomato Sauce
24 April 15 May 12 June	Option two	A choice of different Mac & Cheese flavours, with meat & vegetarian toppings	BBQ Quorn with Rice 🍈	Vegetable Wellington with Roast Potatoes & Gravy	Cheese & Tomato Pizza with Wedges	Spicy Bean Burger with Chips & Tomato Sauce 🔦
3 July 24 July 4 September	Option three	Jacket Bar	Cheese & Crunch Slaw Wrap	Jacket Bar	Ham & Cheese Baguette	Jacket Bar
25 September 16 October	Dessert	Summer Lemon Cake	Orange & Lemon Shortbread	Fruit Medley 🔌	Peach Crumble with Cream	Vanilla Shortbread 🔌
WEEK THREE	Option one	Jollof Rice with Quorn & Mixed Beans	Spaghetti Bolognaise 🌎	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Yamas! NEW Greek Chicken Pita with Seasoned Wedges	Fishfingers with Chips & Tomato Sauce
1 May 22 May 19 June	Option two	Moroccan Style Meat Balls with Tomato Sauce with Rice 🔷 🍈	Vegan Spaghetti Bolognaise <sub></sub>	Vegan Quorn with Stuffing, Roast Potatoes & Gravy	Cheese & Tomato Pizza with Wedges	Cheese & Red Pepper Frittata with Chips & Tomato Sauce
10 July 11 September 2 October	Option three	Jacket Bar	Cheese & Tomato French Bread Pizza	Jacket Bar	Cheese & Salad Bap	Jacket Bar
	Dessert	Peaches with Ice Cream	Carrot & Courgette Cake	Fruit Platter 💊	Apple Flapjack 🍈 🔦	NEW Cornflake Tart
MENU KEY Added Plant Power Wholemeal Vegan Chef's Special ALLERGY INFORMATION:   Available Daily: • Vegan • Vegan • Chef's Special If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.						
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