

NEWSLETTER

31st January 2025



Our values: Developing 'courage' in children



COURAGE

'Courage' was selected by parents, pupils and staff to be one of the nine values that we want to be instilled in the children during their time at Chase Bridge. Often, if you speak to young children about what courage means, or what being brave means, they will initially say 'it means you are not afraid'... this is completely understandable! When watching an example of someone being brave, it certainly often appears that way. Someone is doing something incredible, and in order to do this, they must not be afraid, right? Of course as adults, we know this isn't the case, and we know that courage isn't the absence of fear, but the ability to overcome it.

I'm not sure if Winston Churchill did actually say the quote that is attributed to him: 'Fear is a reaction, courage is a decision', but nonetheless it is a great one. When we teach courage at Chase Bridge, we teach children just this. *Courage means you're a little afraid or worried to do something, but you think 'it will be OK' and do it anyway.* This really helps children begin to understand that their emotions and feelings, including feeling angry or sad as well as scared, are completely normal. And that being worried doesn't mean you can't be brave as well! It also helps children begin to process these feelings and understand that emotions don't dictate how they act or the decisions they make, if they can learn to manage, and eventually, control them.

Mr Ostro

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Times, dates and places for your diary

- Monday 3rd February - **5W to Mosque; Year 6 SATs meeting (virtual) 5.30pm; Netball match vs St Edmund's (home)**
- Tuesday 4th February - **4B swimming; Year 1 Dance workshop**
- Wednesday 5th February - **Reception Oral Hygiene**
- Thursday 6th February - **Year 1 Dance workshop; 5M to Mosque**
- Monday 10th February - **Nursery to Little Street**
- Tuesday 11th February - **No swimming for 4B; Y1 Toy assembly**
- Wednesday 12th February - **Nursery to Little Street**
- Thursday 13th February - **Swimming Gala, Pools on the Park**
- Friday 14th February - **Nursery tour 10.00am; FoCB Uniform sale; Football match vs Bishop Perrin (home)**

Holiday dates for the academic year 2024-25

Monday 17th - Friday 21st February - **HALF TERM BREAK**

Friday 4th April - **TERM ENDS**

Tuesday 22nd - **TERM STARTS**

Parent Survey

We kindly invite you to take a few minutes to complete our annual Parent Survey to share your thoughts and opinions about our school. It means a great deal to us and will help us to celebrate the things we are doing well. Collecting feedback is a key part of self-evaluation and we will use this feedback to see what we can do better.

https://docs.google.com/forms/d/e/1FAIpQLSdOI2uaTgH5J6O7Gi-xsBfj4J8GI62vloTIUMkZdzuno_4uIA/viewform?usp=sf_link

Parenting support

Triple P Teen

This group is for parents and carers of adolescents with mild to moderate challenging behaviour. Topics include encouraging appropriate behaviour and managing problem behaviour.

**Saturday 1st and 8th March. Venue to be confirmed but will be in Kingston borough
10am-2pm for 2 consecutive weeks**

Teen Life

A 6 week parent group for parents and carers of children aged 10-16 years with a diagnosis of ASD. Sessions include Understanding Autism, Understanding Autistic identity, Stress and Anxiety, Health and Wellbeing and Puberty.

Starting Thursday 27th February at The Moor Lane Centre, Moor Lane, Chessington, KT9 2AA

9.45am-12.15pm for 6 consecutive weeks

123 Magic

For parents and carers of children up to 7 years of age with a diagnosis of ADHD or on the pathway to diagnosis or who display challenging behaviour. The course will include information on 'What is ADHD?' It will provide simple tools for parents to control unwanted behaviour, encourage appropriate behaviour and strengthen your relationship.

Starting Thursday 27th February at Chessington Children's Centre, Buckland Road, Chessington, KT9 1JF

10am-12pm for 5 consecutive weeks

Attendance to all sessions is required. For more information and to register interest in any of the above courses, please contact Karen Williams karen.williams@achievingforchildren.org.uk

Chase Bridge Community Adult Choir



This is run every Tuesday evening at Chase Bridge from 8.00pm - 10.00pm. If you are interested in joining the above or require further information, please contact chasebridgecommunitychoir@gmail.com

Friends of Chase Bridge - Save the Date

**FOCB Spring Term
Dates for the Diary**

February
Friday 14th - Second Hand Uniform Sale
Friday 28th - Year 2 Cake Sale 🍰
Bingo Night* (adults only)

March
4th & 6th - Uniform Sales at parent consultations
Friday 7th - **Wonder Bar Sale*** 🍫
Friday 14th - This Is Me Day
International Food Fair
Friday 21st - Year 4 Cake Sale 🍰
Sat 29th - **Easter Egg-Stravaganza*** 🍫

*Ticket information coming soon

FRIENDS of CHASE BRIDGE

Attendance Ambassadors

“The Attendance Ambassadors this academic year have been an inspiration!



Katie Pyke: Attendance and Welfare Officer

They are all fully engaged in their roles and actively come up with new ideas to drive attendance and help their peers.

I look forward to and enjoy the weekly meeting I have with them all.

They have been working on League Table ideas which we will be using around school; this league table will also be a highlight in the School Newsletter.

Please look out for this in the next edition. Thank you to everyone for your support.”

Harlequins & Star Scheme



Harlequins have recently partnered with the ‘Star Scheme’ who support young children and families to overcome the impact of experiencing Adverse Childhood Experiences (ACEs) through engagement with grassroots rugby. They provide access and resources that a young person and their family might need to enable them to engage with the sport, from kit to transport. They also help with supporting young children to transition into their local rugby club to continue their rugby outside of school. To find out more, please have a look at their website:

<https://www.starscheme.co.uk/>

Year 4 visit Neasden Temple

Year 4 children had the opportunity to visit the renowned BAPS Shri Swaminarayan Mandir in Neasden, London. This visit was an enriching experience, allowing the children to learn about Hindu culture, observe formal prayer rituals, and actively participate in the sacred Abhishek ceremony.

One of the highlights of the visit was the children's participation in the Abhishek ritual. Abhishek is a traditional Hindu offering where devotees pour sacred water over the deity as an act of devotion and purification.



Year 5 to the Mosque

For their topic, The Islamic Golden Age, 5B enjoyed a fact-filled trip to Heathlands Mosque on Monday 27th January. The pupils learnt about the different parts of the mosque and were able to ask insightful questions about "The Five Pillars of Islam". The rest of the year group are looking forward to their upcoming visit. 5W and 5M are looking forward to visiting next week.

Year 1 Toys workshop

Last week, Year 1 enjoyed a fantastic visit from the Chertsey Museum to explore toys from the past. They examined real and replica toys - some over 120 years old - discovering how they worked and how they've changed over time. The children had fun playing with indoor and outdoor toys and got creative by making their own thaumatrope – a spinning Victorian toy. This interactive workshop was a brilliant way to enhance their learning about Old Toys, New Toys!

