




## WEEK 1

WEEK COMMENCING: 2<sup>nd</sup> & 23<sup>th</sup> November, 14<sup>th</sup> December, 18<sup>th</sup> January, 8<sup>th</sup> February, 8<sup>th</sup> & 29<sup>th</sup> March


## MONDAY

Chicken Meatballs in a Tomato Sauce with Spaghetti 

Cheese & Tomato Pinwheel with Crushed New Potatoes 

Cheese & Baked Bean Fajita 

Carrots & Green Beans

Apple Crumble & Custard 

## TUESDAY

Beef  Kheema Curry & Rice

Vegetable & Lentil Slice with Crushed New Potatoes 

Jacket Potato with Baked Beans 


Peas & Sweetcorn

Courgette & Lemon cake 

## WEDNESDAY

Roast Chicken Breast,  Roast Potatoes, Stuffing & Gravy


Roast Soya Strips  with Roast Potatoes, Stuffing & Gravy


Jacket Potato with Cheese  or Tuna Mayo


Broccoli & Cauliflower

Strawberry Jelly


## THURSDAY

BBQ Chicken  Pizza


Margherita Pizza 

Tarka Dhal & Rice 


Sweetcorn & Mixed Salad

Apple & Banana Cake 

## FRIDAY

Fish Fingers  & Chips or Wedges with Tomato Sauce

Salmon Fishcake With Chips Or Wedges

Jacket Potato with Vegetable Chickpea Balti 


Peas & Baked Beans


Fruity Flapjack


## WEEK 2

WEEK COMMENCING: 9<sup>th</sup> & 30<sup>th</sup> November, 4<sup>th</sup> & 25<sup>th</sup> January, 22<sup>nd</sup> February, 15<sup>th</sup> March

## MONDAY

Cheese & Tomato Pasta Bake 


Oriental Honey Ginger Soya Strips with Noodles 



Jacket Potato with Baked Beans 


Peas & Carrots

Golden Rice Crispy Cake


## TUESDAY

Beef Lasagne 

Roasted Vegetable Lasagne  


Cheese & Potato Pie 

Green Beans & Sweetcorn

Peach & Vanilla Sponge with Custard 

## WEDNESDAY

Roast Gammon, Roast Potatoes, Gravy and Homemade Apple Sauce

Vegetable, Bean & Cheese Puff with Roast Potatoes 

Tuna & Cheese Panini

Carrots & Cabbage

Frozen Toffee Yoghurt

## THURSDAY

BBQ Chicken  & Rice


Margherita Pizza 


Sweet Potato & Lentil Curry with Rice 


Sweetcorn & Coleslaw

Jam Tart & Custard 

## FRIDAY

Breaded Fish  & Chips or Wedges with Tomato Sauce

Quorn Nuggets  with Chips or Wedges

Rainbow Frittata  with Chips or Wedges

Peas & Baked Beans


Orange Jelly with Mandarins


## WEEK 3

WEEK COMMENCING: 16<sup>th</sup> November, 7<sup>th</sup> December, 11<sup>th</sup> January, 1<sup>st</sup> February, 1<sup>st</sup> & 22<sup>nd</sup> March

## MONDAY

Sausages with Herby Wedges

Quorn Sausages  with Herby Wedges

3 Bean Casserole  with Herby Wedges

Peas & Baked Beans

Apple Strudel with Vanilla Cream

## TUESDAY

Beef Bolognese  with Fusilli Pasta

Vegetarian Bolognese  with Fusilli Pasta

Jacket Potato with Cheese 

Broccoli & Sweetcorn

Starter - Nacho & Salsa  or Garlic Bread

## WEDNESDAY

Roast Chicken,  Stuffing with Roast Potatoes & Gravy


Macaroni Cheese  


Roast Chicken  & Stuffing Baguette


Honey Glazed Carrots & Green Cabbage

Sticky Toffee Cake with a Lemon Glaze 


## THURSDAY

Sweet & Sour Chicken  & Rice


Margherita Pizza 


Jacket Potato with a Beany Ragù 


Sweetcorn & Potato & Chive Salad

Orange Drizzle Cake  with Mandarins


## FRIDAY

Fish Fingers  & Chips or Wedges with Tomato Sauce

Cheese & Onion Quiche  with Chips or Wedges

Quorn Paella 

Peas & Baked Beans

Iced Sponge 

## KEY



Vegetarian

Plant Based  
Vegan Friendly

Organic\*



Free Range



MSC Fish

\*All Minced Beef, Milk, Pasta, Flour, Baguettes &amp; Yoghurts are Organic