# WHAT'S FOR LUNCH THIS AUTUMN/WINTER?

### Caterlink is an award-winning food service provider catering for primary schools across the country.

We are passionate about providing your children with freshly prepared school lunches that are true to our fresh food heritage. All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards set by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

## KEEP IN TOUCH

You can keep up to date with what's going on by visiting our web site

### https://caterlinkltd.co.uk/my-caterlink

to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch through our Contact Us page. We appreciate all feedback on our service.

# UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

### FREE SCHOOL MEALS

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office.

### RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site.

https://caterlinkltd.co.uk/jobs-careers/ or email hrsupport@caterlinkltd.co.uk

### ALLERGY INFOMATION

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.







Chase Bridge TUESDAY WEDNESDAY THURSDAY FRIDAY MONDAY Autumn/Winter 2025-2026 **WEEK ONE** Vegan Fajitas with Spicy Beef Lasagne with Garlic Roast Chicken, **NEW** Chicken Biryani Fishfingers or Salmon **Option One** Stuffing, Roast Fishfingers with Chips & Wedges Bread Potatoes and Gravy Tomato Sauce 03/11/2025 **Option Two** French Bread Cheese & Autumn Vegetarian Vegetarian Wellington Classic Cheese and Cheese and Bean 24/11/2025 Tomato Pizza with Spicy Lasagne with Garlic with Roast Potatoes Tomato Pizza 15/12/2025 Wedges Bread and Gravy with Wedges 19/01/2026 Jacket Potato with Jacket Potato with Jacket Potato with Jacket Potato with 09/02/2026 Option Three Cheese or Tuna Cheese or Tuna Cheese or Tuna Cheese or Tuna 09/03/2026 Apple Flapjack **NEW** Apple Crumb Cake Jelly with Mandarins Fruit Medley Dessert with Custard **WEEK TWO** Meatballs in Tomato Spaghetti BBQ Chicken with Rainbow Pizza **Option One** Sauce with Rice Beef Bolognaise Seasoned Potatoes with Wedges and Sweetcorn Salsa 10/11/2025 **Option Two** Vegan Plant Balls in Vegan Spaghetti BBQ Quorn with Classic Cheese and 01/12/2025 Tomato Sauce with Seasoned Potatoes Tomato Pizza Bolognaise 05/01/2026 and Sweetcorn Salsa with Wedges Rice 26/01/2026 Jacket Potato with Jacket Potato with Jacket Potato with Jacket Potato with 23/02/2026 **Option Three** Cheese or Tuna Cheese or Tuna Cheese or Tuna Cheese or Tuna 16/03/2026 Fruit Salad **NEW** Gingerbread Banana Sponge with Sticky Toffee Apple Dessert Cookie Custard Crumble with Custard Mild Caribbean Chicken Pork Sausage with **NEW** Chicken Enchilada Macaroni **WEEK THREE Option One** with Golden Rice Roast Potatoes and Cheese Bake with Rice Gravy 17/11/2025 **Option Two** Tomato Pasta Vegan Sausage and Classic Cheese and Caribbean Stew with 08/12/2025 Roast Potatoes and Tomato Pizza Golden Rice 12/01/2026 Gravy with Wedges 02/02/2026 Jacket Potato with Jacket Potato with Jacket Potato with Jacket Potato with **Option Three** 02/03/2026 Cheese or Tuna Cheese or Tuna Cheese or Tuna Cheese or Tuna 23/03/2026 **NEW** Jamaican Ginger Pear Crumble Dessert Oaty Cookie Fruit Salad Cake with Custard

MENU KEY



Added Plant Protein



Vegan







Chef's Special

### **Available Daily:**

- 2 Types of Side Vegetable
- **Bread Freshly Baked on Site**
- **Daily Salad Selection**
- Fresh Fruit and Yoghurt
- Please refer to menu Icons to see if dish is Vegan





If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

Pasty with Chips and Tomato Sauce

Jacket Potato with Cheese or Tuna

Syrup Sponge with Custard

Breaded Fish or Fishfingers with Chips & Tomato Sauce

Cheese Whirl with Chips and Tomato Sauce

Jacket Potato with Cheese or Tuna

Vanilla Shortbread

with Custard

Fishfingers with Chips & Tomato Sauce

Mexican Bean Sausage Roll with Chips & Tomato Sauce

Jacket Potato with Cheese or Tuna

Cornflake Tart

ALLERGY INFORMATION: