

# WHAT'S FOR LUNCH THIS SPRING/SUMMER?

**Caterlink is an award-winning food service provider catering for primary schools across the country.**

We are passionate about providing your children with freshly prepared school lunches that are true to our fresh food heritage. All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards set by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

## KEEP IN TOUCH

You can keep up to date with what's going on by visiting our web site <https://caterlinkltd.co.uk/my-caterlink> to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch through our Contact Us page. We appreciate all feedback on our service.

## UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

### **FREE SCHOOL MEALS**

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office.

## RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site. <https://caterlinkltd.co.uk/jobs-careers/> or email [hrsupport@caterlinkltd.co.uk](mailto:hrsupport@caterlinkltd.co.uk)

## ALLERGY INFORMATION

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK ONE

15/04/2024  
06/05/2024  
03/06/2024  
24/06/2024  
15/07/2024  
09/09/2024  
30/09/2024  
21/10/2024

Option One

**NEW** Vegetable Stack  
with Rice



Penne  
Bolognaise



Sausages, Roast Potatoes  
& Gravy

**YAMAS!**  
Greek Chicken Pitta with  
Rice, Tzatziki & Salad

Fishfingers with Chips &  
Tomato Sauce

Option Two

Cheese Whirl with Rice,  
Tzatziki & Salad

Vegan Penne  
Bolognaise



Vegan Sausages,  
Roast Potatoes & Gravy

Cheese & Tomato Pizza with  
Pasta Salad

BBQ Quorn with Chips



Option Three

Jacket Potato with  
Cheese or Tuna

Jacket Potato with Cheese  
or Tuna

Jacket Potato with  
Cheese or Tuna

Jacket Potato with Cheese  
or Tuna

Jacket Potato with  
Cheese or Tuna

Dessert

Freshly Chopped  
Fruit Salad



Apple Crumble with  
Ice Cream



**NEW** Berry Mousse

Iced Vanilla Sponge

Vanilla Shortbread



### WEEK TWO

22/04/2024  
13/05/2024  
10/06/2024  
01/07/2024  
22/07/2024  
16/09/2024  
07/10/2024

Option One

**Pasta Kitchen**  
Tomato Pasta  
or  
Carbonara  
Pasta with  
Toppings



Burger with Potato Wedges  
& Tomato Sauce

Roast Chicken, Stuffing,  
Roast Potatoes, & Gravy

Beef Lasagne  
with Garlic Bread



Fishfingers or Salmon  
Fishfingers with Chips &  
Tomato Sauce

Option Two

Jacket Potato with  
Cheese or Tuna

Vegan Burger with Potato  
Wedges & Tomato Sauce



Vegetable Wellington,  
Stuffing, Roast Potatoes &  
Gravy



Cheese & Tomato Pizza with  
Pasta Salad



**NEW** Vegan Sausage Roll  
with Chips & Tomato  
Sauce



Option Three

Jacket Potato with  
Cheese or Tuna

Jacket Potato with Cheese or  
Tuna

Jacket Potato with  
Cheese or Tuna

Jacket Potato with Cheese or  
Tuna

Jacket Potato with  
Cheese or Tuna

Dessert

**NEW** Chocolate Brownie

**NEW** Iced Biscuit

Fruit Medley



Jelly with Mandarins



Oaty Cookie



### WEEK THREE

29/04/2024  
20/05/2024  
17/06/2024  
08/07/2024  
02/09/2024  
23/09/2024  
14/10/2024

Option One

**NEW** All-Day Vegetarian  
Breakfast \*

**FIESTA  
ESPANOL**

Roast Gammon, New  
Potatoes or Mashed  
Potatoes & Gravy

**NEW** Chicken Fajitas  
with Rice



Fishfingers with Chips &  
Tomato Sauce

Option Two

Vegan Chilli with Rice



Chicken Paella with  
Patatas Bravas  
or  
Veggie Meatballs with  
Patatas Bravas



Parsnip & Sweet Potato  
Loaf with New Potatoes  
or Mashed Potatoes &  
Gravy



Cheese & Tomato Pizza with  
Pasta Salad



Cheese & Bean Pasty  
with Chips

Option Three

Jacket Potato with Cheese  
or Tuna

Jacket Potato with Cheese or  
Tuna

Jacket Potato with  
Cheese or Tuna

Jacket Potato with Cheese or  
Tuna

Jacket Potato with Cheese  
or Tuna

Dessert

Fruit with Ice Cream

Syrup Snap Biscuit



Fruit Platter



Chocolate Shortbread



Summer Lemon Cake

### MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

#### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

**Available Daily:** - 2 Types of Seasonal Vegetables - Bread Freshly Baked on Site - Daily Salad Selection

\* All Day Breakfast Contains Eggs, Hash Brown, Veg Sausage & Baked Beans